

## About Sand SPA

### Beppu Relaxation Reimagined Where Tradition Meets Modern Comfort

While preserving the heritage and cultural charm of the original Beppu Beach Sand Bath, Sand SPA brings a new level of comfort and style. This modern facility offers a refreshing take on Beppu's hot spring experience - a new landmark for healing and relaxation.



## The History of Sand Baths

### A Living Tradition Since the Heian Beppu's Only Beach Sand Bath



Photo courtesy of Hirano Museum

With roots going back to the Heian period, Beppu's seaside sand baths carry on a history that has been cherished for centuries. From the natural coastal sand baths of the past to today's Beppu Beach Sand Bath, this unique experience has long been loved by both residents and travelers alike.



### Beppu Beach Sand Bath

#### Opening Hours

April-May 8:00 to 20:00 (last entry at 19:00)  
June-October 8:00 to 22:00 (last entry at 21:00)  
November-March 8:00 to 18:00 (last entry at 17:30).

#### Closed Days

Irregular closing days (twice a month)  
We remain open during normal rainy weather; however, in the event of a typhoon or severe weather forecast, we may close temporarily for the safety of our guests.

#### Fee

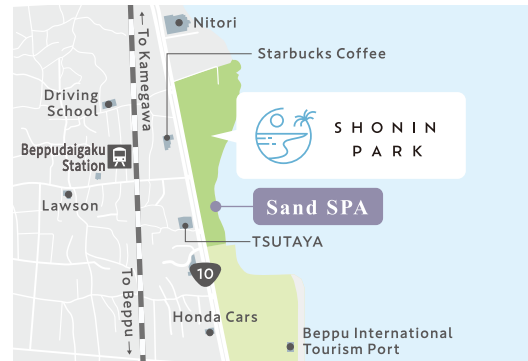
per person,  
tax included

	Sand bath + Public bath	Public bath only
Adult	¥2,500	¥1,500
Children Ages 6-12	¥1,800	¥1,000
Children Ages 0-5	Not available	Free

※The fee includes use of the public bath, a special yukata for the sand bath, bath towels, and face towels.  
※We recommend making a reservation in advance online.  
Please check inside the brochure for details.

## ACCESS

795-1 Shoningahama-cho, Beppu City,  
Oita 874-0023 in SHONIN PARK



- 3 min walk from JR Beppu Daigaku Station
- 15 min by bus from JR Beppu Station → Get off at "Rokushoen," 1 min walk
- 15 min by car from Beppu IC / 10 min from JR Beppu Station
- 40 min by Airliner bus from Oita Airport → Get off at "Rokushoen," 1 min walk

**P** Free parking for 104 cars

Official Website



☎ 0977-75-6360



# Sand

S P A

## Beppu Beach Sand Bath



SHONIN  
PARK



TKP Hotels & Resorts



### Benefits of Sand Baths

Cuts, peripheral circulatory disorders, sensitivity to cold, depressive states, and dry skin conditions, Rheumatoid arthritis, osteoarthritis, neuralgia, frozen shoulder, bruises, sprains, muscle stiffness, digestive issues, mild hypertension, glucose intolerance, autonomic instability, hemorrhoids, sleep disorders, mild depression, fatigue recovery, and overall wellness.

### How the Sand is Cleaned

The sand is carefully heated with hot spring water nine times a day, each cycle taking about 30 to 40 minutes to remove impurities and keep it clean. For additional hygiene, guests are guided to different spots so that the same sand is never used twice.



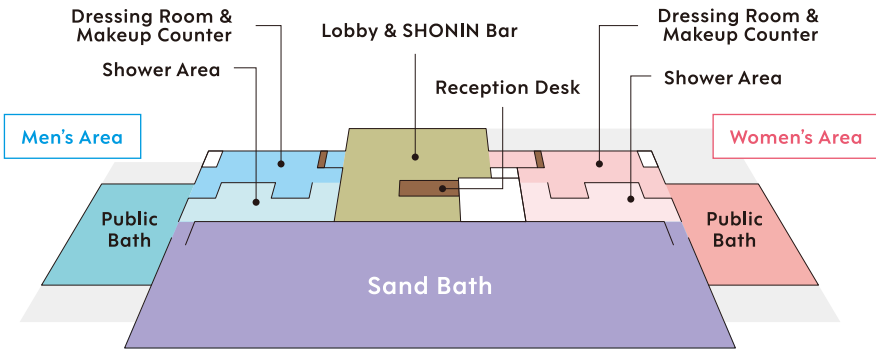
### Bar

A cozy bar area where you can unwind after your bath.



### Foot Bath

A free foot bath is available outside the facility as a place to gather and relax.



### Public Bath

This spacious hot spring area offers a healing experience for the mind and body with a view of the ocean.



### Sand Bath

Experience the ultimate relaxation as you are gently enveloped in warm sand.



### How to Enjoy the Sand Bath

Please make a reservation in advance on the website. Same-day reservations are accepted, but please note that there may be a wait.

#### Complimentary Rentals

- Special yukata for the sand bath
- Bath towels
- Face towels

Scan here for reservations



#### 1 Reservations



#### 2 Change of Clothes



A staff member will guide you when your reserved time arrives. Please change into the designated yukata in the dressing room.

#### 3 Sand bath



Please lie down on the sand bath and our staff will pour sand over you. Enjoy the sand bath for 15 minutes while gazing at the ocean.

#### 4 Shower



In the shower room, rinse off the sand from your body and yukata.

#### 5 Public Bath



Soak in the hot springs and relax, warming your body to the core.

For your safety, please refrain from using the sand bath if any of the following apply to you.

- You have been advised by a doctor not to bathe, or you are not in good health.
- You have medical conditions such as: acute illness, active tuberculosis, malignant tumors, serious heart disease, respiratory failure, spinal or kidney failure, bleeding disorders, skin diseases, or any illness in an active or progressive stage.
- You have a pacemaker.
- You have internal metal fixtures, such as bolts for bone fractures.
- Guest who have consumed alcohol.

### Amenities

- Shampoo
- Conditioner
- Body Soap
- Liquid Cleansing
- Moisture Lotion
- Moisture Milk
- Hair Dryer
- Hairbrush